Standard Operating Procedure for Delivering Medication Optimisation in Care Homes

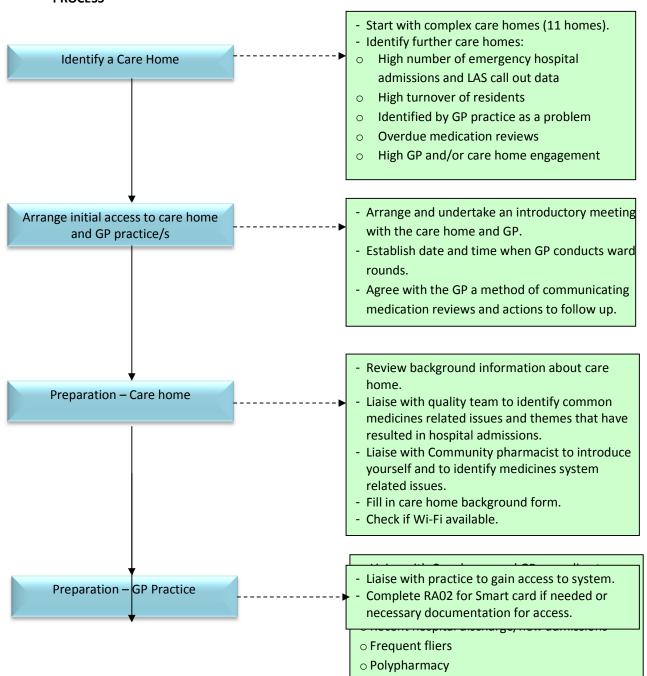
SCOPE

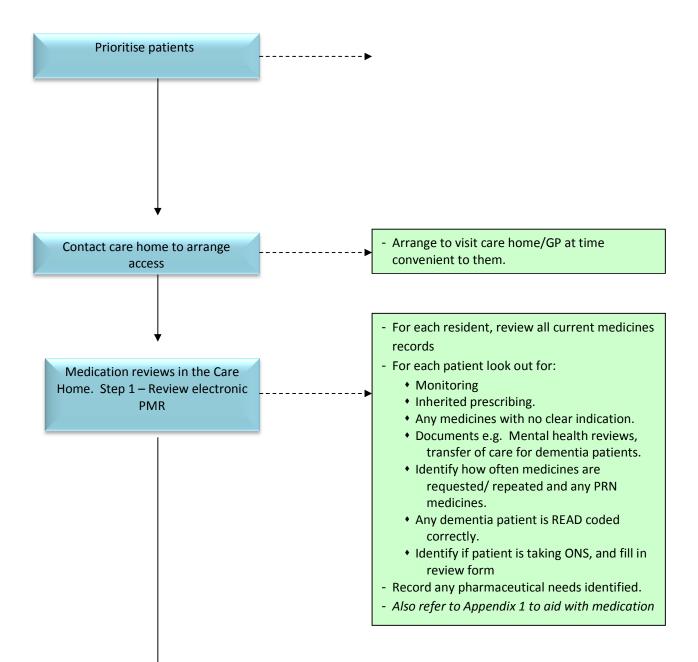
This standard operating procedure (SOP) covers the process for a pharmacist led Medicines Optimisation service within Care Homes in East and North Hertfordshire CCG (excluding preparation and delivery of informal and formal training).

The overall aims of the Care Home Vanguard Project are to:

- avoid unnecessary patient harm;
- reduce medication errors;
- optimise the choice and use of medicines in care home patients;
- reduce medication waste;
- reduce conveyances to A and E (Vanguard objective)
- reduce admissions to hospitals from care homes (Vanguard objective)

PROCESS





Medication reviews in the Care Home. Step 2 – ward rounds, use of MAR chars and resources in the Care Home

- For each resident, review all current medicines records (Medicines Administration Record (MAR) charts and FP10 prescription re-order forms), any relevant clinical monitoring records (e.g. BG record charts, BP monitoring charts, weight charts) and any other useful sources information within the home (e.g. patient files, staff) to identify any medicines issues and compare with GP records.
- For each patient look out for:
 - o Frequency of PRN administration (ensure clear directions).
 - Refusal of any medications
 - Allergies recorded on MAR (inc NKDA)
 - Signatures missing.
 - o Short courses (e.g. chloramphenicol eye drops) prescribed with no course duration & continuing indefinitely.
 - Interactions
 - **ADRs**
 - Any medicine on MAR chart which not been issued for indefinite period.
- Record any pharmaceutical needs identified and any actions on the review
- Also refer to Appendix 1 to aid with medication reviews.

Medication review. Step 3 –speak to lead nurse /carer for that unit

- They often know indications of drugs if unclear & know about their residents' pain, continence, mood etc.
- Record any pharmaceutical need identified.
- Also refer to Appendix 1 to aid with medication reviews.

East and North Hertfordshire Clinical Commissioning Group

